

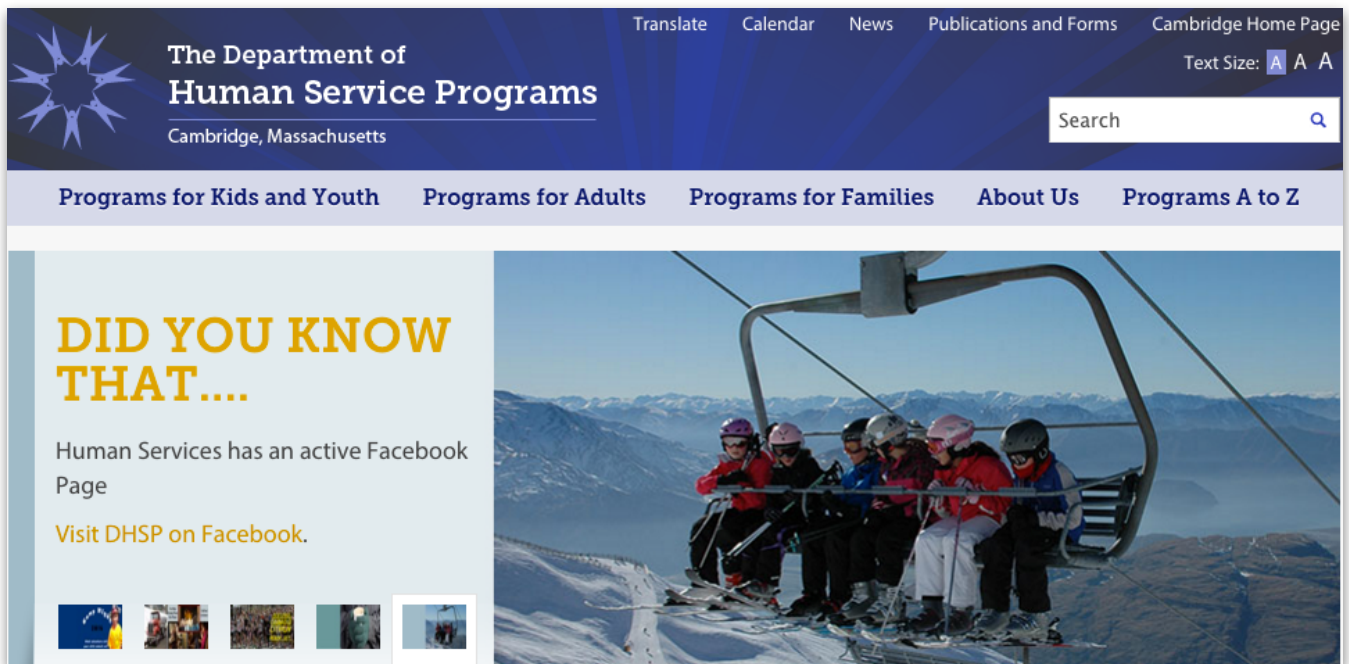


Department of Human Service Programs

<https://www.cambridgema.gov/DHSP>



The **Department of Human Service Programs (DHSP)** provides a wide range of services. Driven by the needs of residents, the department’s extensive services and programs touch almost every sector in the city: from newborns to senior citizens, from school-aged children to homeless families, from non-profit organizations to local employers.



To begin, type in <https://www.cambridgema.gov/DHSP> into your search bar and you should see a homepage similar to the image above

TGH TIP

Explore the DHSP programs specific to you by narrowing programs from the **“How Can We Help You”** Box on the right-side of the screen. Select your neighborhood or age group from the drop-down menu and you will automatically be taken to a page with activities and links!

HOW CAN WE HELP YOU?

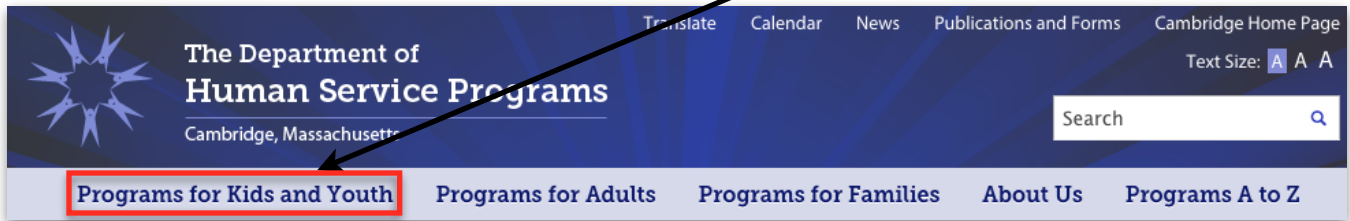
Programs by:

Select a neighborhood

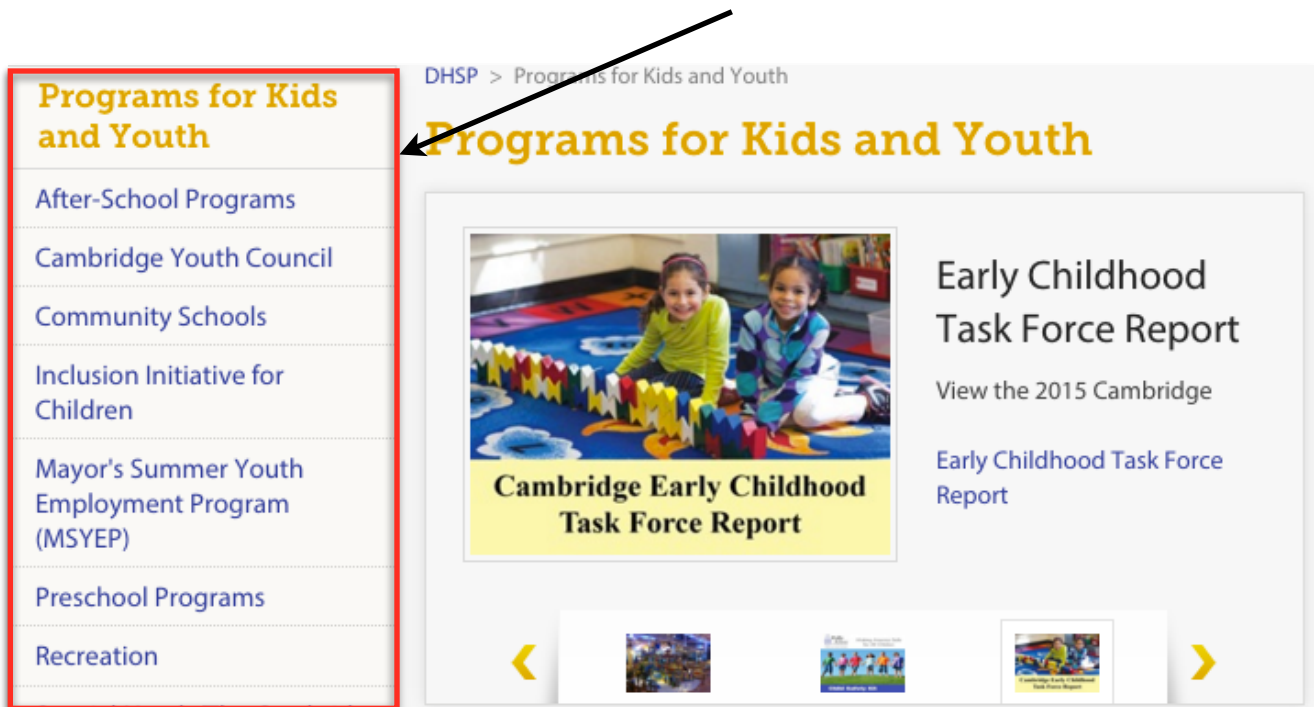
Select an age group

Programs for Kids and Youth

To navigate to the **Programs for Kids and Youth** section click on the tab at the top of homepage



Woah — look at how many awesome programs there are for Cambridge Kids and Youth! **Pay attention to the menu on the left-side** and explore all the activities available. Clicking the links will bring you to that page and let you Enroll/Register or learn more about specific schools/areas offering programs:



Here are just a few of the highlights of the DHSP Programs for Kids and Youth:

After-School Programs

For ten months of the year (including early release days), DHSP provides care from the end of the school-day until 5:55 p.m. Children engage in developmentally appropriate project-based learning curriculum.



Special Needs/The Cambridge Program

Numerous programs that run throughout the school year, including a Saturday Recreation Program, Health & Fitness, and Bowling. In addition, The Cambridge Program is also affiliated with the MA Special Olympics and provides training for a variety of sports



Preschool Programs

Six classrooms provide full-day (10 hours a day) and year-long care. For more information, please contact the Enrollment Coordinator, Chandra Green, at 617-349-6254.



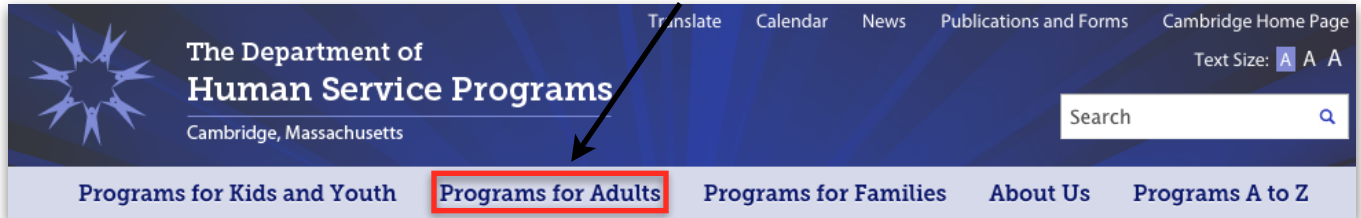
Youth Center Programs

DHSP offers both an after school Pre-teen/Middle School Program and an evening Teen Program. Programs are designed to be in alignment with national research, promoting youth development and leadership.

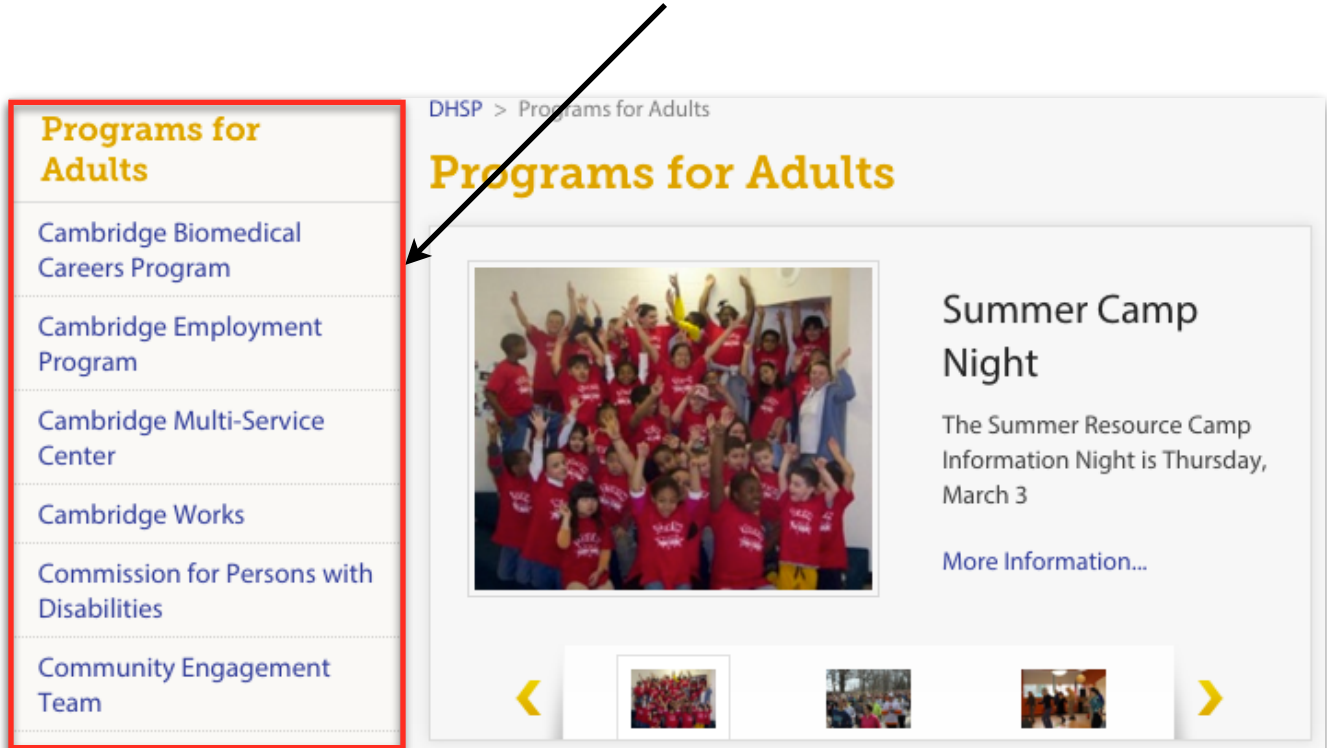


Programs for Adults

Now, let's look at **Programs for Adults**. To navigate to the section click on the tab at the top of homepage



Just as with the previous section, **pay attention to the menu on the left-side** and explore all the activities available.



Explore the programs for adults from DHSP!

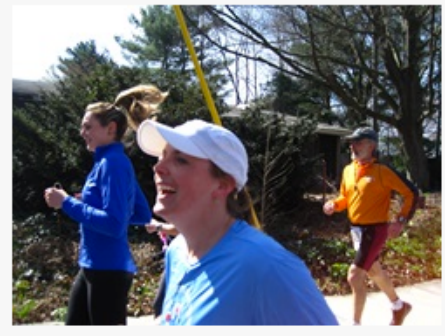
Cambridge Employment Program

Returning to work? Looking for a better job? Considering a career change? CEP provides free, career counseling to support Cambridge residents in achieving their short long-term employment goals.



Recreation

DHSP is responsible for the management of year-round, citywide and neighborhood-based recreation programs such as sports leagues, the Gold Star outdoor swimming pool, and permitting barbecue pits!



Senior Centers & Council on Aging (COA)

The COA provides many social options to enhance the lives of seniors over the age of 60. The two **senior centers** provide food services, computer and dance classes, health screenings and so much more!



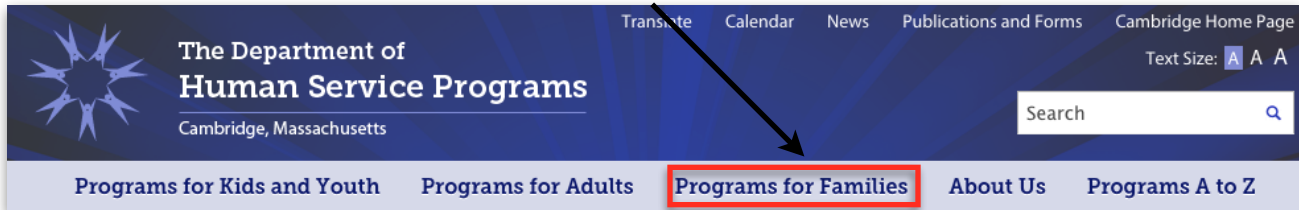
Community Learning Center

The CLC helps adults improve their lives through free educational programs and services including English language classes, US citizenship test preparation, High School Equivalency examination preparation and more!

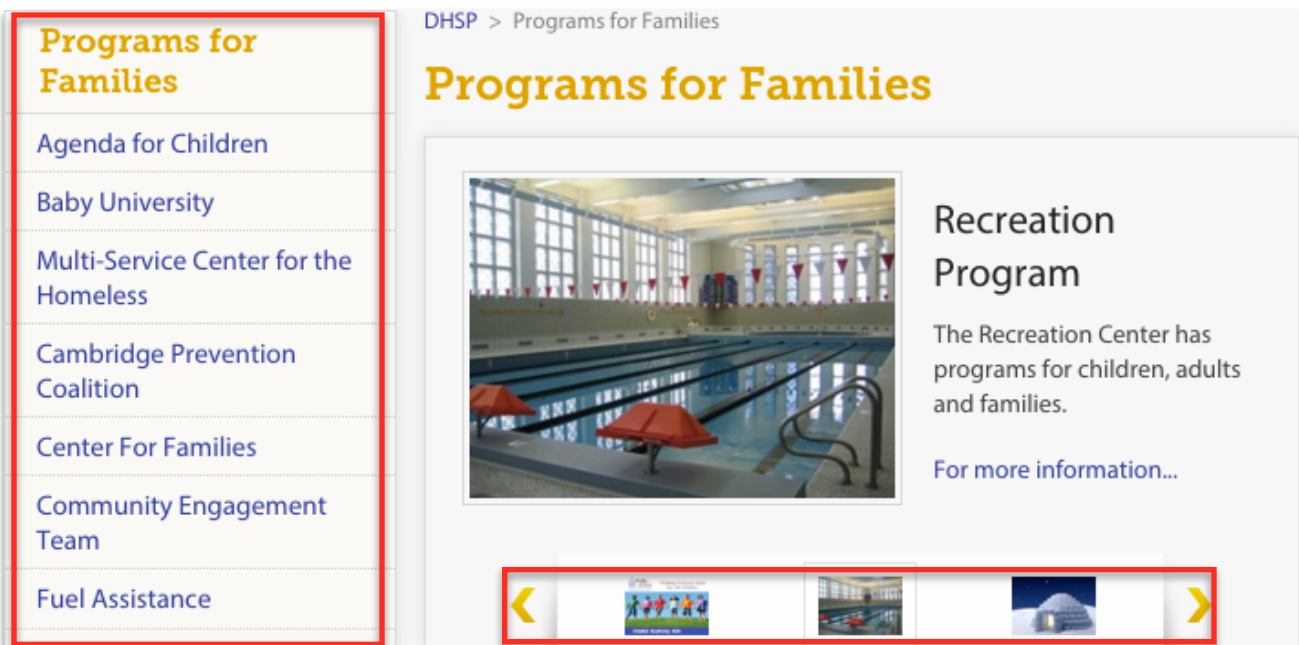


Programs for Families

Can you figure out how to navigate to the **Programs for Families** section?
That's right — click on the tab at the top of homepage!



As with the other sections, the **Programs for Families** menu on the left will have all the helpful links and information you need. Also feel free to explore the items in the scrolling menu that the DHSP is featuring:



Some Featured Programs for Families from DHSP:

Center for Families

The Center for Families has staff that speak 13 different languages and offers families with children parenting education and support programs held throughout the city. Playgroups, support and fun family events!



Baby University

Baby U is an innovative program designed for parents with children pre-natal to age 3. This 16 week program offers 10 weeks of workshops followed by 5 weeks of playgroups. Parents are supported with 6-8 home visits.



Community Engagement Team

The CET reaches out to underserved Cambridge families and connects them to community events and resources, develops community leaders, and supports agencies in working with a diverse community.



Fuel Assistance

This program assists low-income households with winter heating costs incurred between November 1 and April 30. The Fuel Assistance Program can also provide assistance with Discounts on utilities, Weatherization services, and Citizens Energy oil deliveries.

